



PREP Programs

2019-2020

Memberships are open to any family with a child with Down syndrome in Calgary and the surrounding area for \$75 per year (Sept 2019-Aug 2020). This gives families access to reduced member rates and program options for all services included below. Non-members (i.e. children without Down syndrome) can access individualized services at a non-member rate if capacity allows.

Early Learning

Our weekly parent-child playgroups for children ages 0- 3 years provide families a warm welcome to PREP. Parents value the opportunity to meet with other families who face the challenging yet ultimately rewarding journey of parenting a child with Down syndrome. Parents will build a network of support with PREP staff and members as they learn through informative workshops and individual therapy consults. For more information, please contact Barb Nadeau at bnadeau@prepprogram.ca

Early Childhood Services (ECS)

Did you know that PREP is an approved ECS operator under Alberta Learning? For the first two years of Program Unit Funding (PUF), we provide small classes onsite as well as comprehensive therapy services to prepare children with Down syndrome for their entry into Kindergarten. Children also attend their community preschool supported by a PREP Education Assistant as part of our programming. Families enjoy exceptional family oriented programming from our multi-disciplinary team of caring professionals including speech language pathologists, occupational therapists, physiotherapists, and music therapists. For more information, please contact Marissa Turner at mturner@prepprogram.ca

Speech Language Therapy

Our Speech Language Therapy program is delivered by a highly skilled team of certified Speech Language Pathologists who adapt and modify their strategies specifically for children with Down syndrome. For children in grades K-12, both individual and group options are available.

Speech Therapy Options	Kindergarten	Grades 1-6	Grades 7-12
<i>Individual - Weekly (45 mins)</i>	\$600/block	\$1200/block	\$1200/block
<i>Individual - Bi-Weekly (45 mins)</i>	\$300/block	\$600/block	\$600/block
<i>Non-member - Individual Weekly (45 mins)</i>	\$1600/block	\$1600/block	\$1600/block
<i>Non-member - Individual Bi-Weekly (45 mins)</i>	\$800/block	\$800/block	\$800/block
<i>Group (2-3 students) Weekly (45 mins)</i>	\$300/block	\$600/block	N/A
<i>Group (3-6 students) Bi-Weekly (90 mins)</i>	N/A	N/A	\$600/block

- If you are interested in receiving services in a format that is not listed above, please contact Bonnie Moschopedis at bmoschopedis@prepprogram.ca to discuss options.

Occupational Therapy

Many individuals with Down syndrome benefit from receiving individualized services from our certified occupational therapists. These supports can focus on self-care (ex. brushing teeth, buttoning clothes, using eating utensils, toileting), hand-eye coordination (ex. writing on a whiteboard, sports and recreation), fine motor skills (ex. grasping and controlling a pencil, using scissors), and much more. Individual weekly and bi-weekly options are available for families.

OT Options	Kindergarten	Grades 1-6	Grades 7-12
<i>Individual - Weekly (45 mins)</i>	\$600/block	\$1200/block	\$1200/block
<i>Individual - Bi-Weekly (45 mins)</i>	\$300/block	\$600/block	\$600/block
<i>Non-members - Individual Weekly (45 mins)</i>	\$1600/block	\$1600/block	\$1600/block
<i>Non-members - Individual Bi-Weekly (45 mins)</i>	\$800/block	\$800/block	\$800/block

- If you are interested in receiving services in a format that is not listed above, please contact Bonnie Moschopedis at bmoschopedis@prepprogram.ca to discuss options.

Reading Program

Learning to read is an essential life skill for students, which is why PREP offers an individualized and personalized reading program designed specifically for students in grades 1-12 with Down syndrome, with options for Kindergarten students opening in block 3. Our highly skilled reading team modifies each reading package based on the interests of each student and coordinates reading content to align with the school curriculum. All sessions are 45 minutes and both weekly and bi-weekly options are available.

Reading Options	Kindergarten	Grades 1-3	Grades 4-12
<i>Individual - Weekly (45 mins)</i>	N/A	\$500/block	\$500/block
<i>Individual - Bi-Weekly (45 mins)</i>	N/A	N/A	\$250/block
<i>Non-Members - Individual Weekly (45 mins)</i>	N/A	\$975/block	\$975/block
<i>Non-Members - Individual Bi-Weekly (45 mins)</i>	N/A	\$500/block	\$500/block

- If you are interested in receiving services in a format that is not listed above, please contact Katie Copithorne at kcopithorne@prepprogram.ca to discuss options.

Teens on the Go

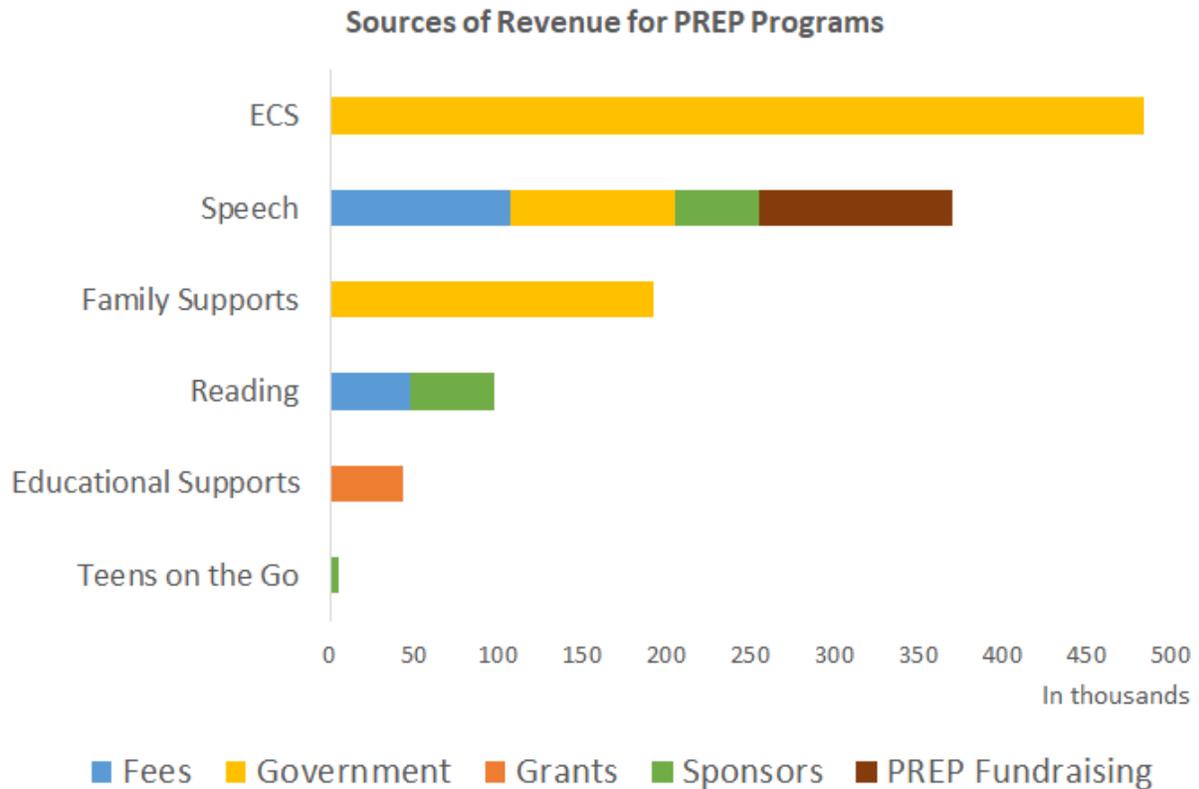
Thanks to the long-term support of the Children's Hospital Aid Society (CHAS), this program provides our teens with a fun context to learn independence skills as they get out and about in the community. Activities may include attending concerts, sporting events, or volunteer experiences all designed to provide a context to practice independence skills such as money handling, transportation, navigation, and communication. Contact Bonnie Moschopedis at bmoschopedis@prepprogram.ca to learn more.

Family Support Services

Thanks to funding through Family Supports for Children with Disabilities (FSCD), our Family Support Services are available to any family looking for the knowledge, skills, and resources required to best support their child with Down syndrome. Supports include access to a Family Support Liaison to provide clarity and direction when navigating complex systems and structures, workshops and webinars to learn more about specific topics related to your child's journey, informal opportunities and to learn from other families, and access to individual consults, home visits, mentoring, transition planning, and much more. Please contact Annamarie Zobatar at azobatar@prepprogram.ca for more information.

Education Support Services

PREP understands that success in the classroom involves the partnership between families and educators, which is why PREP offers services and supports to educators through our Education Support Services to ensure they have the knowledge, skills, and resources to create a successful classroom environment for all students. Thanks to funding from the United Way, these supports include access to our Education Services Coordinator for consults, workshops, webinars, and resources for classroom strategies and curriculum modifications. Please contact Natalie Pentney at npenteny@prepprogram.ca for more information.



Thank you to our donors and sponsors who make these programs possible. This includes the Big Hearted Mavericks and the Kinsmen Club of the Stampede City for our Reading Program, the Wood Automotive Group and Regional Collaborative Service Delivery (RCSD) for our speech language therapy, the United Way for our Educational Supports program, Families Supports for Children with Disabilities (FSCD) for our Family Support Services, and the Children Hospital Aid Society (CHAS) for our Teens on the Go program. You are truly making a difference in the lives of individuals with Down syndrome.